



# Spotlight

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## SCAMS, TELEMARKETING & OTHER UGLY STUFF

Barbara Barger, Executive Director

There are many scammers out there trying to catch us when we are not aware. We've had two recent situations that involve Helping Hands for the Disabled, and we want to make you aware of them.

**Helping Hands for the Disabled does not sell ANY products, and we NEVER make any solicitation or telemarketing calls.**

Helping Hands for the Disabled does not have an affiliation with THRIFTKO second hand stores. We had a contract with them from September 2004 through 2005, but that contract expired and we chose not to renew it. We've recently realized they have continued to provide their customers with a receipt thanking them for their donation to Helping Hands for the Disabled. They are committing fraud because Helping Hands for the Disabled does not receive any portion of your perceived donation to THRIFTKO.

The other situation was a telephone solicitation for the purchase of garbage bags. The person who received the call paid for the garbage bags, but they did not receive them. We've only had this reported to us one time, but if it happened once there's a good chance it has or will happen again

The only soliciting Helping Hands for the Disabled does do is through this newsletter you receive through the mail on a quarterly basis, and an annual request to businesses for donations to our auction. When you make a monetary donation to Helping Hands for the Disabled, we mail you an acknowledgement of that donation.

If you are ever contacted by any agency that claims to represent or benefit Helping Hands for the Disabled, please **DO NOT CONTRIBUTE TO THEM** and please notify our office at 425.644.4344 immediately!

### Mission Statement

*Helping Hands for the Disabled's Mission Statement is to give people with developmental disabilities the opportunity to achieve their potential, build their self esteem and enhance their community involvement. To accomplish this, we commit our energy and resources to developing and maintaining residences and a continuum of program services to meet their needs.*

# Did You Know?

## (Some facts about Helping Hands for the Disabled)

Compiled by Barbara Barger, Eva Robinson, Frank Walker and Suzanne Yoder

- Helping Hands for the Disabled was established in 1975.
- Champion House opened in April 1983.
- Halcyon opened in February 1987.
- Visions opened in 1991, in an apartment setting. Visions opened a house in 1994.
- Trail House opened in 2000.
- Helping Hands provides services for 24 residents in 4 programs.
- Helping Hands employs approximately 55-60 employees (current 56 employees).
- The Helping Hands office is located in the downstairs of Trail House.
- Helping Hands owns & operates four Dodge vans.
- Our board consists of 7 members at present.
- Visions is the only program with 24 hour nursing services.
- 13 employees have 10 years seniority or more.
- Since 1983, Helping Hands has cared for 39 residents.
- Most employees of HHD need 11 training/certifications to work with our residents.
- The website for HHD is [www.hhftd.org](http://www.hhftd.org)
- Helping Hands is a non profit 501 (c) 3
- The tax ID # for HHD is 51-0152982
- Preparation for the auction begins in April.
- The auction committee meets approximately 15 times for an auction.
- There are 10 HHD computers, 5 are located in the office.
- Eva brings her dog Canyon to work with her most days.
- Helping Hands is audited/inspected 5 times annually, with 2 additional inspections every 2 years.
- Epsilon9.com donates our website hosting.
- All HHD homes have at least one back up generator.
- One resident at Visions owns a dog that lives at the program with her.
- Halcyon has had Frosty the cat since the late 1980's.
- HHD holds a "Staff Night Out" towards the end of every year.
- 9 of our 24 residents have lived in their home since it opened.
- HHD has emergency supplies to last 7 days at each home.
- The first employment application was handed through the frame of a Champion House window while it was being built. Frank has been here ever since.
- Halcyon was named in a contest. Halcyon means 'calm, peaceful, tranquil'.
- HHD received a donated van years ago that had circus characters painted on the outside.
- The Visions house used to be a school for troubled children.
- 3 residents & 3 staff went on a trip to Disneyland a few years ago.
- Two of our nurses at Visions were originally hired as regular caregivers while they went to school.
- One of our residents went on a trip to Dollywood.
- One of our residents is planning a cruise with his mother this summer.

# Dedication

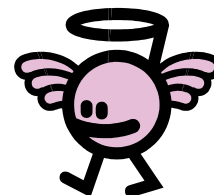
By Suzanne Yoder

I was introduced to Helping Hands in 1989 when I was 7 years old. My Mom had started working at the Halcyon program, and I enjoyed going with her to work. I got to know all of the residents very well, and enjoyed the time I got to spend with them. I went to the staff night outs with my Mom every year, and got to know many of the employees. When I turned 18 I applied to work at the Champion House program, and was hired to work on the weekends. I went to college while working at Champion House, and was soon delegated to give medications. I became full time and as time went on I earned more responsibilities, such as training new employees & tracking the medication program. I was a dedicated Champion House employee, and loved the residents like they were my own family.

A few years later, the Helping Hands Management Team decided to add a team member to the administration by hiring an Administrative Assistant. I applied for the job and got it. I was thrilled – and was extremely eager to get started. It wasn't long though, before I started missing the residents. I had spent so much of my life being with and working with the residents, that I felt like I wasn't helping them by sitting at my desk and working on paperwork.

I now understand that in order for a place like Helping Hands to operate smoothly, you have to have both sides – good care givers, and good administration. I deeply respect everything that our staff does to support our residents every day, because I understand the dedication it takes. Our staff are excellent people, and I hope that everyone understands that being a caregiver is a one of a kind tough job, and it deserves all of the respect in the world.

HELPING HANDS FOR THE DISABLED HAS A DEDICATED AND CARING STAFF OF MANY UNSUNG HEROES. WE ARE GRATEFUL TO EACH AND EVERY ONE OF OUR EMPLOYEES.



*(EDITORS' NOTE: SUZANNE IS ONE OF MANY OF HELPING HANDS FOR THE DISABLED'S LONG-TERM EMPLOYEES, AND WE ARE VERY GRATEFUL FOR SUZANNE'S DEDICATION, PROFESSIONALISM AND SUPPORT!!)*



Artwork by: Bradley

Brad came to Champion House in 2001. He is a very artistic person. His favorite art subject is Halloween, and he loves to watch scary movies.  
We thank Brad for sharing this piece of artwork!

# SAVE THE DATE!!!



The 2008 Auction for Helping Hands for the Disabled will be held on Friday, October 10, 2008 at the Embassy Suites Hotel in Bellevue. Don't miss this fabulous event!!

## Charles Schultz Philosophy

The following is the philosophy of Charles Schultz, the creator of the "Peanuts" comic strip. You don't have to actually answer the questions. Just read and you'll get the point.

1. Name the five wealthiest people in the world.
2. Name the last five Heisman trophy winners.
3. Name the last five winners of the Miss America.
4. Name ten people who have won the Nobel or Pulitzer Prize.
5. Name the last half dozen Academy Award winner for best actor and actress.
6. Name the last decade's worth of World Series winners.

How did you do?

The point is, none of us remember the headliners of yesterday. These are no second-rate achievers. They are the best in their fields. But the applause dies. Awards tarnish. Achievements are forgotten. Accolades and certificates are buried with their owners.

Here's another quiz. See how you do on this one:

1. List a few teachers who aided your journey through school.
2. Name three friends who have helped you through a difficult time.
3. Name five people who have taught you something worthwhile.
4. Think of a few people who have made you feel appreciated and special.
5. Think of five people you enjoy spending time with.

Easier?

The lesson: The people who make a difference in your life are not the ones with the most credentials, the most money, or the most awards. They are the ones that care.

*"Don't worry about the world coming to an end today. It's already tomorrow in Australia." (Charles Schultz)*



APPLICANTS FOR HOUSING PROGRAMS OR EMPLOYMENT ARE WELCOME WITHOUT REGARD TO SEX, AGE, HANDICAPPING CONDITIONS, RELIGION, VETERAN STATUS, RACE, COLOR, CREED OR MARITAL STATUS.

IF YOU WOULD LIKE TO BE NOTIFIED OF OUR UPCOMING EVENTS BY E-MAIL, PLEASE LOG ON TO OUR WEBSITE AT [WWW.HHFD.ORG](http://WWW.HHFD.ORG) AND GIVE US YOUR E-MAIL ADDRESS. WE VALUE YOUR PRIVACY. WE DO NOT SELL OR PASS YOUR INFORMATION ON TO ANY OTHER AGENCY.

## Quarterly Spotlight (Volume 15 Number 1)

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Helping Hands for the Disabled

P.O. Box 6335

Bellevue, WA 98008-0335

**2008 AUCTION  
DONORS:**

**Chevrolet of Issaquah**  
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**PRO Sports Club**

*Thank  
You*

Special Thanks to:

**Eastside Community Aid**

**Epsilon9.com**

For providing ongoing support to  
Helping Hands for the Disabled!



**WE ARE SO VERY GRATEFUL TO OUR SUPPORTERS!!**

Ray and Kate Willey facilitated the  
fabulous donation of a Kohler  
Air-Jetted Bathtub!

Barbara Carman donated a 32" flat  
screen HD television to Helping Hands  
for the Disabled!

*We try very hard to acknowledge everyone that donates to us. If your name has  
been left off of this list, we apologize and ask that you please let us know:  
(425) 644-4344.*

**Thank you!**

**IN LOVING  
MEMORY:**

◇ *Beth Ann Bowman* ◇

Barbara Barger &  
Eva Robinson  
Patrick Duffy

◇ *Bob Mays* ◇

George & Pat Schreiber

**2008 DONORS**

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*As we express our gratitude, we  
must never forget that the highest  
appreciation is not to utter words,  
but to live by them.*

*John F. Kennedy*

**IN HONOR OF**

BARBARA  
BARGER

Thank you to Patrick Duffy

**HAPPY BIRTHDAY TO**

STEVE VARNER

Thank you to Cheryl & Marty Jordan

**MERRY CHRISTMAS TO**

CAROL  
HUGGINS

Thank you to Larry Huggins

*We try very hard to  
acknowledge everyone that donates to us. If your name has been left off of this list,  
we apologize and ask that you please let us know: (425) 644-4344.*

Helping Hands for the Disabled extends its sincere appreciation to Troy Meyers with Epsilon9.com.  
Epsilon9 is donating the hosting services for our website!

**Thank you!**

**2008 BOARD OF DIRECTORS**

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John Beswetherick

**HELPING HANDS FOR  
THE DISABLED  
2008 AUCTION**

**Save the Date!!**

**When: Friday, October 10, 2008**

**Where: Embassy Suites Hotel  
Bellevue, Washington**



Helping Hands for the Disabled  
P. O. Box 6335  
Bellevue, WA 98008-0335  
Visit us at our web site: [www.hhftd.org](http://www.hhftd.org)

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