



# Spotlight

Helping Hands for the Disabled

Est. 1975

Fall Edition  
2004

Volume 11 Number 3



## My Lake Retreat Vacation

The drive wasn't too long, but I was anxious to find out where we were going. We arrived to find a huge lunch buffet prepared just for us!

Later some decided to go fishing, and I decided to watch them fish. It didn't look like they had too much luck, although Ken caught one later and the girls made him throw it back. Some of the clients stayed at the cabin and played card games and made crafts. Now it was dinner time, and I was there first!

We went back to the cabin and watched videos and stayed up late eating snacks. I got to sleep in the same room as Jay & June, my two favorites!

The next day I went up and down the stairs working up an appetite for breakfast. Joy! After eating the beautifully prepared breakfast, I walked back to the lodge to spend a relaxing morning looking out over the lake, and hanging out with my friends.

The rest of the week we played croquet and Frisbee golf, went fishing, took walks, and then there was this strange event called Fear Factor, yuck. I'm glad I didn't participate. It was just as fun watching everybody else (gag).

From the Prospective of Rob, HHD Client

*Donations from "Clipped Wings" and the Church of the Resurrection made this fun event possible for our residents. Thank you.*



Lake Retreat



The Lake



The Girls Saved My Life



Having Fun Is Very Tiring!

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*Helping Hands for the Disabled's mission is to support people with developmental disabilities in achieving their potential, building their self esteem, and enhancing their community involvement. To accomplish this, we commit our energy and resources to developing and maintaining residences and a continuum of program services to meet their needs.*

## *Executive Director's Report*

I must start this article by congratulating and thanking Coach Anne Donovan and all the members of the Seattle Storm. They provided us with a summer of entertainment and excitement that was beautiful to watch, and then they played hard and won the WNBA Championship. Our Charity Stripe Night with the Storm was so much fun and we hope we can do it again next year. To the Storm, we say, Bring It again in 2005.



*Barbara Barger*

It is time to "Celebrate Autumn" once again, and we hope all of you will join us for a wonderful evening of fine food, great friends and successful fundraising. We promise to also provide fun and entertainment. We have wonderful items in various price ranges and areas of interest: world travel, romantic getaways, sports, theatre, collectables, golf packages, wine and microbrews, toys and gift baskets. This is an opportunity to do your holiday gift shopping and help people who need your support. Please bring your family and friends and join us at the Marriott in Redmond Town Center on November 14<sup>th</sup>. Celebrate Autumn with Helping Hands for the Disabled.

We have several school groups who are giving their time to help at our auction. Special thanks, so far, to the Key Club of Renton High School and the Honor Society from Newport High School.

Special thanks to the great group from Industrial Credit Services who gave their energy to spruce up the yard at Champion House. Christina Trott, Steve Sebastian, Bridget Hester, Donna Price and Froni Haynes gave us their United Way Day of Caring.

Remember to exercise your right to vote. If you are not registered, get registered so you can vote in the next election.

Free Parking on the Street & in Redmond Town Center. Valet Parking—\$8.00 at Hotel.



**Auction—November 14, Sunday**  
**Marriott Hotel-Redmond Town Center**  
**Registration starts at 4:15 p.m.**  
**Silent Auction 4:30 p.m.**  
**Dinner will be served 6:15 p.m.**



Take SR-520 East. Take West Lake Sammamish Pkwy. Exit, turn left at the light. Turn right onto Leary Way.

## STATE OF THE AGENCY

Helping Hands for the Disabled has had a very busy and productive 2004!

The Board of Directors has added two new directors to its rank: Lori Carney and Gladys Lyons. The Board is now nine members strong, each of whom is very dedicated to HHD.

In September, the WNBA Champions for 2004, the Seattle Storm, hosted HHD at a very exciting game. Many of our staff, residents, and supporters attended the game and cheered on Justin Gaynes and Eva Robinson as they sank free throw after free throw during a period break. Their efforts raised \$1,200 for us!

Gail Provo, a very dear friend to so many of us, retired from HHD in July, after 17 years of service to HHD. We all wish Gail the very best and hope that Gail will stay in touch with all of us.

On a sad note, the death of Lurna Boone was a very sad occasion for the Agency. Lurna had been with us since August 1997, and she was truly a part of the family. Lurna passed away on March 5, 2004.

Another dear friend of ours, Dr. Les Turner, passed away on July 26th. Dolly and Les have been tireless supporters of our Agency for many years now.

As an Agency, we continue to struggle with the skyrocketing costs of healthcare and the difficulty of finding qualified employees. Our Management Team, however, has done an incredible job of being the "cement" and holding it all together. We are facing some difficult decisions in regard to our employee benefits, because the costs continue to rise. We are proud of the fact that we are able to offer benefits to our employees, and we will strive to continue to be able to do so.

All in all, 2004 has been a good year for HHD. We are so grateful to our many supporters who continue to help Helping Hands in their mission to support people with developmental disabilities in achieving their potential, building their self esteem, and enhancing their community involvement. To accomplish this, we commit our energy and resources to developing and maintaining residences and a continuum of program services to meet their needs.

Thank you for allowing me to serve yet another wonderful year as your President!

Cheryl V. Jordan  
President of the Board of Directors

*“Celebrate Autumn” Auction  
November 14, 2004*



A new feature this year

**The Best of Live**

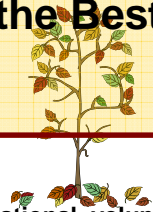
*Don't Miss This Opportunity*

Buy a “Best of Live” ticket for \$100 and if you are the winner, you get to pick one item on the live auction. It could be the African Safari, the Australian Wine & Golf Trip, the Hot Air Balloon Ride, the Holland American Cruise and more. Some of our live auction items are worth thousand of dollars. Yes, you get to pick the live item of your choice.

We will offer only 100 of these \$100 tickets and you must be present to win. No pre-sales. Arrive early to get your ticket(s) to win the **Best of Live!**

Live Auction Items to Date

- 6 Days and 6 Nights African Safari
- 12 Day Holland America Cruise
- 4 Nights California Wine Country Cruise
- Two Nights Stay at Salish Lodge
- Flying Lesson—Galvin Flying Service
- Be A Fighter Pilot for A Day
- Pacific Plants, Inc. — Live Christmas Tree
- Hoodsport Winery-Wine Tasting Party for 10
- Jillian’s—Billiard Party for 20
- 2 Nights Stay at Bandon Inn
- Garden Party Table
- A Weekend Get-A-Way Package
- Bellevue Police Ride Along (K-9)
- Eagle Crest Resort in Eastern Oregon
- 2 nights Lake Quinault Lodge in a Lakeside Unit
- Texas Hold-em Poker Party
- Airial Hot Air Balloon Ride
- Kris Kringle Holiday Area Rug
- Salmon Run Golf-2 18 Rounds of Golf including the Cart-Brookings, Oregon
- Rio All Suite Casino Resort, Las Vegas
- 2 Nights for Two Adults in a One Bedroom Cabin at Doe Bay Resort, Orcas Island
- 8 Days Australia Wine & Golf Package

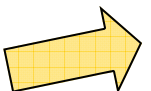


**Muscles for Charity**

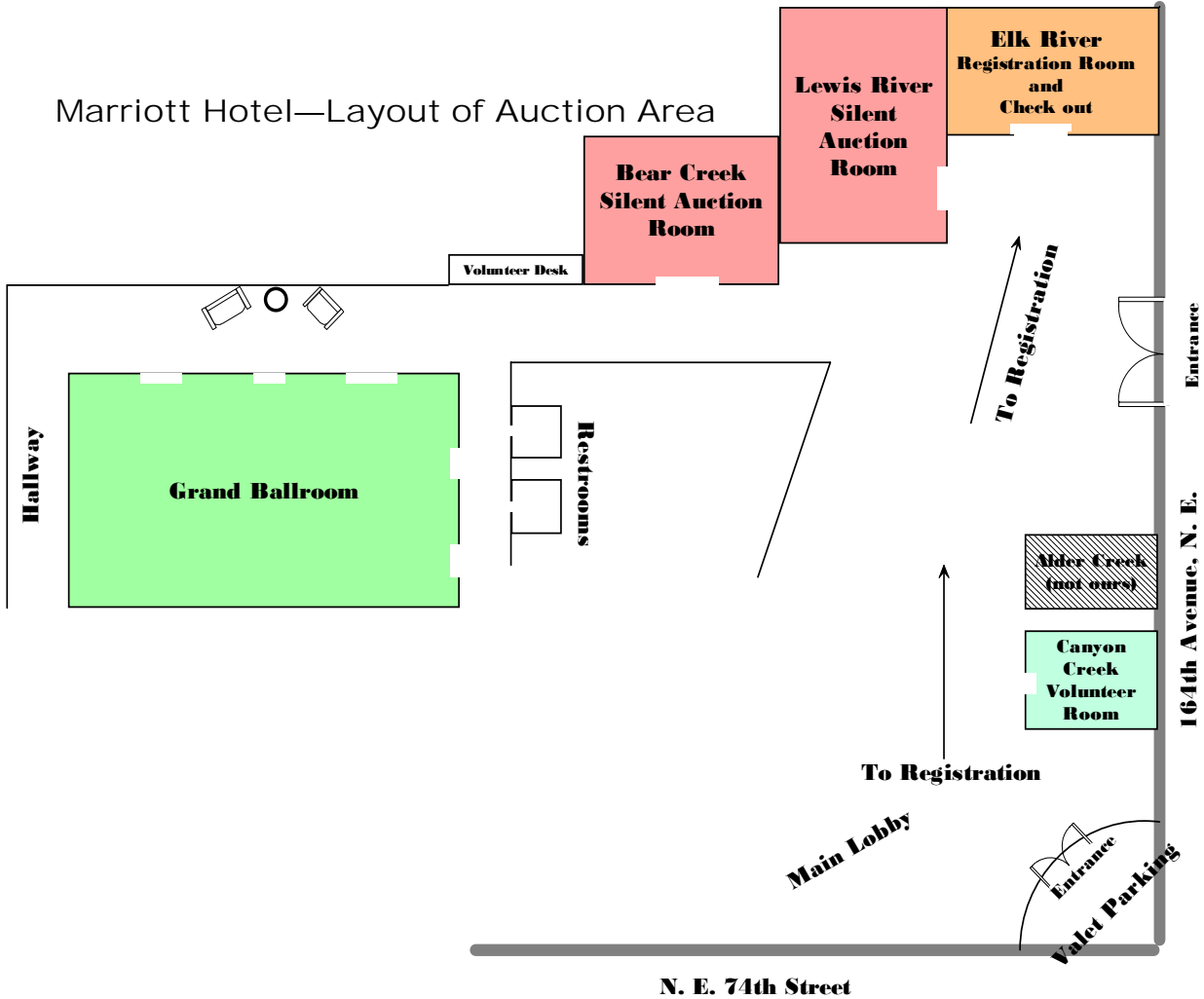
This team of international volunteers give their time willingly and freely for charity. They are a mixture of working and retired professionals.

Wow! **30 man hours** for: garden clearing, painting, patio laying, Cleaning out the garage, repairing fences, etc. You supply the materials and, if necessary, the tools. They will do the work. The winning bid amount for their services goes to Helping Hands for the Disabled. Check out their website at: [www.musclesforcharity.org](http://www.musclesforcharity.org)

\*excluded from the Best of Live



Marriott Hotel—Layout of Auction Area



Map is not to scale.

Couldn't You Use 30 Hours of Their Exper-



A Muscles for Charity Team  
Muscles for Charity was awarded the Evening Star  
"Community Team Spirit" Award in May, 2004.

Darren Motamedy,  
Smooth Jazz  
Saxophonist  
will entertain us.



**Auctioneer Extraordinaire**  
Mardi Newman  
is our Auctioneer this year. This  
year's auction will be lively and a lot  
of fun!

*Our Auction is sponsored in part by  
the following:*



**FRONTIER  
BANK** MEMBER FDIC



**Kibble & Prentice**

**Williams & Clark, PSC**

HANA Florist

**Our Website**

**If you have not visited our  
website lately, please take a  
look. We have new pictures  
and up-to-date information on  
the auction.**

**[www.hhftd.org](http://www.hhftd.org)**

**SPOTLIGHT**

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The HARC Guild  
Clipped Wings*

*Charity is a virtue of the heart, and not of the hands.  
- Joseph Addison*

A Bandon Inn  
 Aguq Verde Café & Paddle Club  
 Air Combat USA  
 Aerial Hot Air Balloon Company  
 All About Bike & Ski  
 Argosy Cruises  
 Arline De Palma  
 Aroma Crystal Therapy  
 Arts West Unique Gifts  
 Azteca Mexican Restaurant  
 Bartell Drugs  
 Bear Creek Starbucks  
 Bellevue Police Department  
 Bellevue Supercuts  
 Ben Franklin Crafts  
 Best Western Icicle Inn  
 Big 5 Sporting Goods  
 Bonefish Grill  
 Bonneville Hot Springs Resort  
 Burgermaster  
 Center for Wooden Boats  
 Cheryl & Marty Jordan  
 Chinook Winds Casino  
 Chung & Heidi Floryance  
 Claim Jumper Restaurant  
 Cold Stone Creamery  
 Columbia Winery  
 Cookies in Bloom  
 Cruise West  
 Curves  
 Custom Creative Woodworking of Yakima  
 Dahlia Bakery  
 Desert Fire  
 Dimitriou's Jazz Alley  
 Doe Bay Resort & Retreat  
 Dolly Turner  
 Don Lee Portrait Artist  
 Donald & Barbara Shelton  
 Doubletree Hotel Bellevue  
 Dream Dinners  
 Duke's Chowder House  
 Dunn Lumber Co  
 E.B. Foote Winery  
 Eagle Crest Resort  
 Earth, Ware, and Fire  
 Eastside Oasis  
 El Gaucho  
 Embassy Suites Hotel  
 Emerald Downs  
 Emmanuel's Rug & Upholstery Cleaners  
 Empty Space Theatre  
 Everett Aquasox  
 Fair Winds Winery  
 Fairmont Olympic Hotel  
 Family Fun Center  
 Foxfire Jewelers  
 Frankie's Pizza & Pasta  
 Galvin Flying Center  
 Gene Yoder & Suzanne Yoder  
 Berhanu Haddis  
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 Harrah's Las Vegas  
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 Humanature Photography  
 Ikea  
 Inn at Spanish Head  
 Inn at Virginia Mason  
 Ivar's  
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 Jax Stained Glass  
 Jerry's Rogue Jets  
 Jillians Billiard Club  
 Jimmy Mac's Roadhouse  
 Joel Simonsen  
 Julia's Restaurant  
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 Krispy Kreme Doughnut  
 LaConner Channel Lodge  
 Lake Quinault Lodge  
 Mardi Newman  
 Marie Callender's Northgate  
 Martha E. Harris Flowers & Gifts  
 McCormick & Schmick's Seafood Restaurant  
 McMenamins Olympic Club  
 Melrose Grill  
 Mike & Shirley Sim  
 Mini Mountain  
 Mt. Hood Meadows Ski Resort  
 Muscles for Charity  
 Museum of Flight  
 Nordic Heritage Museum  
 Northwest Outdoor Center  
 Northwest Puppet Center  
 Odyssey Maritime Discovery Ctr.  
 Pacific Coast Feather Co.  
 Pacific Northwest Ballet  
 Pacific Science Center  
 Palomino Euro Bistro  
 Paolo's Italian Restaurant  
 PPhotazz  
 PhotoWorks  
 Point Defiance Zoo & Aquarium  
 Portalis Wine Shop & Wine Bar  
 Pro Golf Discount  
 Purified Water To Go  
 Red Lion Hotel  
 Redhook Ale Brewery  
 Redmond Inn  
 Renton Civic Theatre  
 Rio All Suite Hotel and Casino  
 Riverhouse and River's Edge  
 Salish Lodge  
 Salmon Run Golf Course  
 Seastar Restaurant & Raw Bar  
 Seattle Art Museum  
 Seattle Symphony  
 Seattle Theater Group  
 Seattle Vertical World  
 Shuttle Express  
 Skate King  
 Spirit of Washington Dinner Train  
 Studio East  
 Sudden Printing  
 Sugee's Bakery Café  
 Sun Sport Rentals  
 Sunriver Resort  
 Sunshine Generation  
 Sylvan Learning Center  
 Talking Rain  
 Thai Ginger  
 The 5th Avenue  
 The Bellevue Club & Hotel  
 The Grand Hyatt Seattle  
 The Herbfarm  
 The Islander  
 The Keg  
 The Little Gym of Bellevue  
 The Red Balloon Company  
 The Roosevelt Hotel  
 The Second Story Repertory  
 Tillicum Village  
 Tom Ryan Floors  
 Trader Joes  
 Tradewinds on the Bay Motel  
 Travelodge Courtenay, Canada  
 Union Bay Café  
 Village Theatre  
 Vince's Italian Restaurant  
 Vitech America Corporation  
 Walgreens  
 Wax on Spa  
 Willows Lodge  
 Woodland Park Zoo  
 Woodmark Hotel  
 PhotoWorks  
 Point Defiance Zoo & Aquarium

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**Auction**  
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**See pages  
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